A NEW WAY TO EFFECTIVELY MANAGE BRUXISM

Whip Mix brings dental professionals a system to provide objective measurements for assessing and treating bruxism while not compromising the airway.

Dentists, while observing damaged teeth, can be the first to notice the signs and symptoms related to bruxism and associated airway conditions. As the next step, utilize the Bruxism and Sleep monitor with unique software which provides the Bruxism Episodes Index (BEI), Apnea-Hypopnea Index (AHI), and Upper Airway Resistant Syndrome (UARS), producing a comprehensive dental report.

The complete system includes:

- Comfortable Bruxism and Sleep monitor
- Access to Registered Polysomnographic Technologist (RPSGT), including clinical consultations, dental and medical reads, reports, and referrals to sleep physicians
- Software offers variable views

New system includes the #1 rated Sleep Monitor used by medical professionals.

Contact us for an online presentation and more details on what this system can do for your practice and your patients.
MEASURE AND KNOW...

**Bruxism and Sleep Monitor**

The dental practice may purchase, lease, or rent the monitor. Each home test costs around $20 to administer.

**Patient Specific Dental Reports**

Comprehensive review of patient data includes:

**BEI – Bruxism Episodes Index**
- The number of bruxism episodes per sleep hour
- A breakout of Phasic, Clench, and Grind Bruxism Episodes

**AHI – Apnea-Hypopnea Index**
- The number of apnea / hypopneas per hour of sleep
  - Mild: 5 – 15; Moderate: 15 – 30; Severe > 30

**ODI**
Oxygen Desaturation per hour

**Snore Index**
Percent of time spent snoring versus total time spent in bed

**Bruxism and Sleep Monitor System Includes:**
- Monitor, pulse oximetry, software, and consumables (Belts, EMG sensors, and Cannulas)
- Training, 2 hour online session
- Network Subscription for Reads and Reports (1 year)

Dental Bruxism Report
Physician Interpretation

800-626-5651
www.whipmix.com

Whip Mix
Restorative Oral Health

Connect With Us!