Orthodontics is a dental specialty that changes anatomical structure in positive ways to enhance smiles and improve airway obstruction.

Whip Mix in partnership with DDME brings orthodontists a system that provides objective measurements to screen for bruxism and sleep disordered breathing. This home monitoring system can be easily incorporated into your current treatment plan, allows the patient to be tested in the comfort of their home, and gives you access to data the next day.

Watch for red flags like these that may indicate an obstructed airway before implementing your treatment plan:

- Large and / or scalloped tongue
- High and / or narrow arch
- Large tonsils
- Damaged or worn teeth

Ask your Whip Mix representative for more information on this home monitoring system and services.
MEASURE AND KNOW...

Bruxism and Sleep Monitor
The dental practice may purchase, lease, or rent the monitor. Each home test costs around $20 to administer.

Patient Specific Dental Reports
Comprehensive review of patient data includes:

BEI – Bruxism Episodes Index
- The number of bruxism episodes per sleep hour
- A breakout of Phasic, Clench, and Grind Bruxism Episodes

AHI – Apnea-Hypopnea Index
- The number of apnea / hypopneas per hour of sleep
  - Mild: 5 – 15; Moderate: 15 – 30; Severe > 30

ODI
Oxygen Desaturation per hour

Snore Index
Percent of time spent snoring versus total time spent in bed

BRX PRO Transitional Appliance
Make a short-term bruxism appliance before investing in a long-term appliance by:
- Confirming patient acceptance of appliance
- Verifying efficacy of BRX PRO with a follow up test
- Transitioning patient to a long-term appliance

800-626-5651
www.whipmix.com

Bruxism and Sleep Monitor System Includes:
- Monitor, pulse oximetry, software, and consumables (Belts, EMG sensors, and Cannulas)
- Training, 2 hour online session
- Network Subscription for Reads and Reports (1 year)

Additional Items:
Item #20012113 BRX PRO transitional oral appliance:
includes 2 sets of trays, metal clasps
Dental Bruxism Report
Physician Interpretation