

DENAR® DEPROGRAMMER

INSTRUCTION MANUAL



Deprogram the Muscles

1. Place a rigid bite registration material or acrylic in the deprogrammer. (*Figure 1*)



Figure 1

2. Place the deprogrammer on the upper central incisors so that the top teeth bite into the bite registration material and level the deprogrammer to be parallel with the occlusal plan.

NOTE: Do not allow the device to tip forward or back. Allow the bite material to set – approximately 1 minute.

3. Ask the patient to gently come into contact with the deprogrammer and relax.
4. If the patient's pain is from muscle strain, fatigue and spasms due to a conflict between the biting surfaces of their teeth and their jaw joints, the muscle fatigue and spasms will be relieved and the pain reduced.

NOTE: Often, pain can be reduced by 50% to 75% within 2 to 3 minutes.

5. If the discomfort persists, a joint problem may be indicated, and you should remove the deprogrammer.

Centric Stops

6. Once the deprogrammer is set, you may use it to create a centric stop.
7. Trim the deprogrammer if needed for comfort. Be sure there is room for excursive movements on the deprogrammer.
8. Using articulating film, have the patient move forward and back on the deprogrammer.
9. The position you want to capture is at the distal extent of that mark.
10. Ensure this is a comfortable position for the patient without signs of tension or tenderness.
11. Roughen the area closest to the distal extent of the mark.
12. Place a little flowable composite on that roughened area.
13. Have the patient bite down gently and use your light cure to set the material.
14. A definite stop for the lower anterior has now been created.
15. The patient can open and close right into the centric stop. (*Figure 2*)

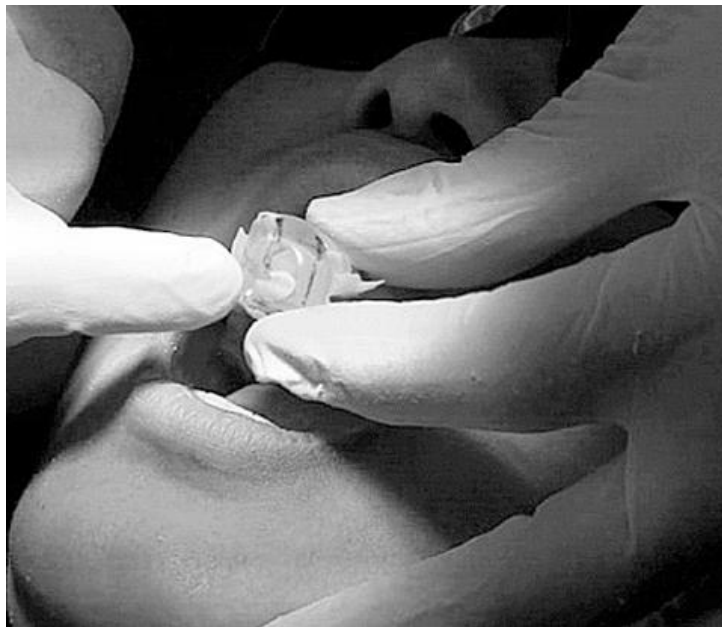


Figure 2

Please check online at
www.whipmix.com
for the most current
instructions and parts list.

Symbols and Their Descriptions:

SYMBOL	DESCRIPTION
	Manufacture by



Whip Mix Corporation, 361 Farmington Avenue, Louisville, Kentucky, USA, 40209
Phone: 502-637-1451, www.whipmix.com